

Developing spirituality



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'Spiritual development is like a doughnut, a ring doughnut to be precise.

A ring doughnut has two parts; a tangible outside and an intangible 'holey' inside and both parts are vital to the whole. This analogy gave me a clear image to help to chew over this subject. In a school, one can aim to encourage pupils' **whole** development (body, mind and spirit) and also to allow for pupils' '**hole**' development, i.e., the development of their own faith or life view, their own beliefs and values.'



Liz Mills

Windows, mirrors and doors



A window— looking at the world in new ways. Learning about situations.



WINDOWS: giving children opportunities to become *aware* of the world in new ways; to **wonder** about life's 'Wows' (things that are amazing) and 'Ows' (things that bring us up short). In this children are learning *about* life in all its fullness.

A mirror– looking inside me– how do I feel about it? What does it mean for me?



MIRRORS: giving children opportunities to *reflect* on their experiences; to ***meditate*** on life's big questions and to consider some possible answers. In this they are learning *from* life by exploring their own insights and perspectives and those of others.

A door- travelling on with ideas of how I can make a difference.



DOORS: giving children opportunities to *respond* to all of this; to *do* something creative as a means of expressing, applying and further developing their thoughts and convictions. In this they are learning to *live* by putting into action what they are coming to believe and value.

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about it? What does it mean for me?**



**A door- travelling on with ideas of how I
can make a difference.**





St Philip's CE

PRIMARY SCHOOL