

PSHCE

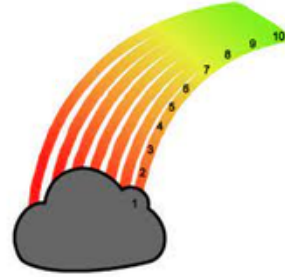
Subject Leader
Newsletter



PSHCE at St Philip's

PSHCE stands for **Personal, Social, Health and Citizenship Education**.

Here at St Philip's we teach PSHCE to help give pupils the knowledge, skills and understanding they need to lead **confident, healthy independent lives** and to grow into **informed, active, responsible citizens**.



1Decision

Picture News

In St Philip's, we teach our pupils to look after their mental health through daily **ROAR rainbow scores** and **mindfulness** sessions. In our lessons, we use a resource called **1Decision** to help us learn how to make good **choices** in lots of different areas. We learn how to be **good friends** to each other, how to keep **healthy**, and how to stay **safe**.

Every two weeks, on **Wondering Wednesdays**, each class uses **Picture News** to express opinions and think critically about a current issue.

This develops our pupils' understanding of

British Values:

- Democracy
- Rule of Law
- Respect and Tolerance
- Individual Liberty



Year 5's Crucial Crew trip

I'm feeling positive today!



Wow!

These key words are the basis of our PSHCE curriculum from Reception to Year 6.



Visit the school website for more!
<https://www.stphilipssouthport.com/psnce/>

Miss Byrne is in charge of
PSHCE at St Philip's!

